

GREETING MESSAGE OF THE ORGANIZING COMMITTEE

Dear friends and colleagues,

The Cyprus Sports Medicine Association as organising state and Balkan Sports Medicine Association, are welcoming you to the 8th Balkan Sports Medicine congress which for the first time is organised in Cyprus, the smallest country member of the Balkan Sports Medicine Association.

Cyprus despite its size and problems has shown a great scientific work with the undertaking and organisation of many medical conferences.

The Cyprus Sports Medicine Association has pioneered the medical cover and medical care of athletes in Cyprus, although it lacks the experience of other countries, we believe that the foundation has been laid, and with the help of other sports bodies is moving ahead.

In that context this conference, the information, the opinions to be exchanged on the medical care of athletes, we are certain that they will be to the benefit of everybody.

With Friendly Regards
The Organising Committee

**GREETINGS TO THE 8th BALKAN SPORTS MEDICINE
CONGRESS FROM THE PRESIDENT OF FIMS
UNIV. PROF. DR. MED. DR.hc. W. HOLLMANN**

The Balkan Congress on sports Medicine has come to be a tradition. A great many colleagues coming from all over the southeastern area of Europe consider this congress to be a very important meeting from a scientific as well as from a human point of view. The more headway technology and automatization are making in everyday life, the more important physical training and sports become as compensation for lost natural muscular strain. And this requires sports medical activities.

I wish the 8th Balkan Congress on Sports Medicine to take a harmonious course connected with progress for theory and practice of sports medicine.

Univ. Prof. Dr. med. Dr. h.c. W. Hollmann
President of FIMS

ASSOCIATION OF SPORTS MEDICINE OF BALKAN EXECUTIVE COMMITTEE (1988 - 1990)

PRESIDENT	C. Christodoulakis (Cyprus)
GENERAL SECRETARY	N. Maroudias (Cyprus)
MEMBERS	Pan. Kontoulakos (Hellas)
	E. Kalokairinos (Hellas)
	P. Slantchev (Bulgaria)
	K. Krastev (Bulgaria)
	R. Medved (Yugoslavia)
	M. Milojevic (Yugoslavia)
	A. Demeter (Rumania)
	C. Ionescu (Rumania)
	N. Akgun (Turkey)
	P. Cani (Albania)
	M. Osteni (Albania)

ASSOCIATION OF SPORTS MEDICINE OF BALKAN

The Association of Sports Medicine of Balkan has been founded in 1968 and presently the following countries are members: Albania, Bulgaria, Cyprus, Greece, Rumania, Turkey, Yugoslavia.

The primary objective of its foundation was to promote in a correct and scientific manner the activities of those people involved in sports, in order to achieve the best possible results as far as their physical and mental health was concerned. It also promotes the co-operation between member countries, the exchange of specialists in Sports Medicine and the organising of the Scientific Balkan Sports Medicine congress every two years.

8TH BALKAN SPORTS MEDICINE CONGRESS

Cyprus as the President of the Association for 1989 is responsible for the organising of the 8th Balkan Sports Medicine Congress in Nicosia 17-19 November.

Our aim is to organise a congress of high standard which will attract participants not only from the member countries, but also from neighbouring countries and countries all over the world.

With the wider participation our ambition is to create better relations, and ties of friendship of the ASMB with all the other multinational groups and all the countries members of FIMS.

**CYPRUS ASSOCIATION OF SPORTS MEDICINE
ADMINISTRATIVE COUNCIL**

PRESIDENT

C. Christodoulakis

VICE-PRESIDENT

L. Savvides

GEN. SECRETARY

O. Athanatos

TREASURER

S. Lagoudis

MEMBERS

N. Maroudias

N. Christodoulou

N. Spanos

G. Michaelides

A. Ktorides

C. Shizas

Chr. Papanearchou

ORGANIZING COMMITTEE

PRESIDENT	C. Christodoulakis
SECRETARIAT	N. Maroudias, O. Athanatos
TREASURER	S. Lagoudis
MEMBERS	N. Spanos
	N. Christodoulou
	Chr. Papanearchou
	G. Michaelides

GUEST LECTURERS

- 1) **Prof. Eduardo De Rose**
General Secretary of FIMS — BRAZIL
- 2) **Prof. Ludovit Komadel — President of Czechoslovakia society of Sports Medicine**
Member of Executive Committee of FIMS
Director of the research Institute of Sports of Italy
- 3) **Prof. Antonio Dal Monte — Italy**
Director of the scientific institute of Sports of Italy
- 4) **Dr. Peter Sperryn — ENGLAND**
President of the Education Committee of FIMS.
Consultant in physical medicine Hillingdon Hospital, Uxbridge, Middlesex.
- 5) **Prof. Moira O' Brien — IRELAND**
President of the Liaison Committee of FIMS.
Professor of Anatomy of University of Dublin
Director of Sports Medicine Laboratory — Trinity College Dublin.
- 6) **Dr. Ali Bouzayen — TUNISIA**
Vice-President of FIMS
Executive Committee
- 7) **Prof. Dr. med. Paul E. Nowacki and Mrs Nowacki — WEST GERMANY**
Director of Laboratory University of Giessen.
- 8) **Eileen Murphy — IRELAND**
Member of the Ireland Olympic Committee
Physiotherapist to the Irish Olympic Team.

GENERAL INFORMATION

CONGRESS HALL

The Congress, the Workshops and the Medical Commercial Exhibition will be held at the Cyprus International Conference Centre.

REGISTRATION FEES	MEMBER OF ASMB	NON-MEMBER OF ASMB
CONGRESS PARTICIPANT	\$40.00	\$80.00
ACCOMPANYING PERSON	\$20.00	\$30.00
WORKSHOP 1 or 2	\$40.00	\$40.00
WORKSHOP 1 and 2	\$80.00	\$80.00

CONGRESS LANGUAGES

Greek, English, French. There will be simultaneous interpretation.

Note: The transmission is done with personal wireless receivers, which can be obtained with the presentation of passport or identity card.

SOCIAL EVENTS

17/11	10:30 am	Tour of Nicosia - accompanying persons - offered by the Cyprus Association of Sports Medicine.
	6:30 pm — 8:30 pm	Reception by the Minister of Education Mr. A. Philippou at the PHILOXENIA HOTEL.
18/11	9:30 am	Official Dinner C£10.00 per person - limited number - at the HILTON HOTEL.
19/11		Excursion to the Troodos mountain for accompanying persons, offered by the Cyprus Association of Sports Medicine.

OFFICIAL TRAVEL AGENT

For any information regarding hotels, airline tickets, excursions, please contact the travel agent of the Congress WINGATE, tel. no. 02-451300.

COMPANIES THAT PARTICIPATE AT THE COMMERCIAL-MEDICAL EXHIBITION OF THE CONGRESS:

SOCIAL PROGRAM

THURSDAY 16/11/89

- 4:00 p.m. - 7:00 π.μ. - Registrations
- 5:00 p.m. - 7:00 π.μ. - Meeting of the executive council of the Balkan Sports Medicine Association.
- 9:00 p.m. - Official Dinner for the council of the Association of Sports Medicine of Balkan and the official guests, offered by the Cyprus Sports Organisation.

FRIDAY 17/11/89

- 8:00 a.m. - Registrations
- 9:00 a.m. - 9:30 α.μ. - Opening Ceremony (accompanying persons can attend).
- 10:00 a.m. - Tour of Nicosia
- 9:30 a.m. - 1:00 π.μ. - Scientific Program
- 1:00 p.m. - 2:00 π.μ. - Break
- 2:00 p.m. - 6:15 π.μ. - Scientific Program
- 6:30 p.m. - 8:30 π.μ. - Reception by his excellency the Minister of Education Mr. A. Philippou for all participants and accompanying persons.

SATURDAY 18/11/89

- 8:30 a.m. - 1:00 π.μ. - Scientific Program
- 1:00 p.m. - 2:00 π.μ. - Break
- 2:00 p.m. - 7:30 π.μ. - Scientific Program
- 9:30 p.m. - Official Dinner

SUNDAY 19/11/89

- 8:30 a.m. - 1:30 π.μ. - Scientific Program
- 10:00 a.m. - Excursion to Troodos mountain and small archeological tour for accompanying persons.